



Greetings,

I am committed to your health. As our nation and its communities grapple with the coronavirus (COVID-19), I will make every effort to continue my services in the same safe, comfortable environments with which you've become familiar.

I am taking precautions to prevent the spread of the virus and other illnesses by following the CDC guidelines listed at <u>https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?</u> <u>CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-</u> <u>ncov%2Fabout%2Fprevention.html</u>.

## As you prepare for appointments with me, I ask that you consider the following:

- Postpone your visit if you or someone you know has or has had a fever, cough or other symptoms that could signal illness in the last 24 hours
- Wash your hands for 20 seconds and/or use hand sanitizer when you arrive, (I will be providing hand sanitizer for your visits)
- Work to not hug or handshake during our visits
- Read and become familiar with other guidelines at <a href="https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?">https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?</a>
  <u>CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html</u>

## In an effort for you to feel safe coming to appointments:

- -I will be sanitizing door knobs and items others have touched after each session
- -I have postponed my trip (March 31-April 5, 2020) out of the country to a date to be determined
- -I am going to be providing Telehealth services during this season
- -I will be rescheduling sessions if I am ill within the last 24 hours
- -I will hand wash or using hand sanitizer after each client session
- -I will continue reading and familiarizing myself with CDC guidelines linked above

Thank you for helping me provide the best care possible! And thank you for assisting me in our efforts to prevent the spread of the COVID 19 and other communicable illness.

Sincerely, Andi Kumer, MA, LPC, NCC