

Informed Consent/Client Right to Know/COVID Precaution Statement

June 2, 2020

Dear Client,

Now that our city is in the initial stages of reopening, I am sending an updated version of the COVID-related letter I sent you in March 2020. **Please read this notice carefully, as I have included new action items.**

I am committed to your health. As our community grapples with the coronavirus, I will make every effort to serve you in the same safe environment with which you are familiar. To insure your safety and my own, I am following CDC guidelines at https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html.

Please read the following addendum to the Client's Right to Know/Client Rights:

- You have the right to know the church staff, their affiliates and church members are back in the building where I office. Generally, there are only a few people in the building when there are no services, but there may be times when you encounter small groups in classrooms, hallways or the lobby. The reception staff is behind a wall and glass window.
- You have the right to know Sunday morning church services resume June 7th, 2020. Wednesday night services resume at a date to be announced; worship practice is scheduled every Thursday evenings. The church houses other activities on different dates. I am not always aware of the schedules, and I make no decisions on the church's behalf.
- You have the right to know the church is taking precautions for scheduled services, including reserving congregants' arrival and time within the building meeting requirements regarding capacity, sanitizing, offering of masks, and creating socially distanced seating arrangements.
- You have the right to decline face-to-face services with me.
- You have the right to ask for TeleHealth services rather than face-to-face office visits.
- You have the right to postpone visits altogether until a later date.

Everyone has different responses and needs right now. To support you and others, I am offering these additional services:

- If you would like to stay in your car until I'm ready to see you, you may park and text me you have arrived. I will let you know when I am ready for you to enter the building. If you would like me to hold doors for you, please let me know in your text.
- Adult face masks will be provided upon request. If you choose not to wear a mask in the building, make sure to follow social distancing guidelines.
- ADDENDUM to above bullet point-- as of June 29th, 2020 until KC, Mo. mandate is lifted, please wear a facial mask into the building, you may remove the mask in the counseling office where we can maintain a 6 ft. distance. We can provide you with mask if needed.

As you prepare for appointments with me, please follow these guidelines:

- Bring only necessary members of the family to office appointments. If an appointment is for your child, only you and your child may come in. If the appointment is for you, do not bring other people to your appointment, unless you discuss it with me before your visit.
- Practice social distancing while in the building; talk to your children about maintaining this distance as well.
- Postpone your visit if you or anyone you've come in contact with has or has had a fever, cough or other symptoms in the last 24 hours. You won't be charged for the visit.
- Wash your hands for 20 seconds and/or use hand sanitizer when you arrive. I will provide hand sanitizer for your visits.
- Do not hug or handshake during our visits; talk to your children about air hugs and air high fives, etc., before coming to see me.

- Read and become familiar with other guidelines at https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html

To help you feel safe during your appointments I will continue to:

- Sanitize doorknobs and surfaces after each session, and keep Lysol supplied in the restroom for you to spray before and after your use.
- Let you know if I am going on a trip outside the Greater Kansas City area.
- Continue to offer Telehealth services through Zoom. If you would like to use Telehealth is what you prefer, please let me know. You will need to complete and sign an informed consent to receive those services.
- Reschedule sessions if I or anyone in my home has an elevated temperature within 24 hours before your visit.
- Wash my hands for 20 seconds or use hand sanitizer before and after each session.
- Read and practice CDC guidelines in the links above.

Thank you for helping me provide the best care possible! And thank you for assisting us in our efforts to prevent the spread of the COVID 19 and other communicable illness.

Sincerely,
Andi Kumer, MA, LPC

Please sign that you have read this letter and understand these action steps:

Printed name _____

Client/Parent Signature _____

Date _____